

My Help (Cometh from the Lord)

Words and Music by
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 Arranged by Carol Cymbala

Freely, with expression

The musical score is arranged in four systems, each with a vocal line and a piano accompaniment. The key signature has two flats (Bb and Eb), and the time signature is 4/4.

- System 1 (Measures 1-3):** Starts with a piano dynamic (*p*). Chords are Bbmaj7 and Dm7. The piano part features a descending eighth-note line in the bass and a more active line in the treble.
- System 2 (Measures 4-6):** Chords are Dbmaj9 and Bbm7. The piano part continues with similar rhythmic patterns.
- System 3 (Measures 7-9):** Labeled 'SOLO' with a moderate tempo of ♩ = 93 to 95. The vocal line begins with the lyrics 'I will lift up mine eyes to the hills'. Chords are Bb2, C, Bbmaj7, C7(b9), and F2. The piano part includes a *rit.* (ritardando) marking.
- System 4 (Measures 10-12):** The vocal line continues with 'from whence cometh my help. My'. A triplet of eighth notes is marked over the first three notes of the phrase. The piano part provides accompaniment.

12

help com - eth from the Lord, the

F E2/A Bb2

14

Lord which made heav - en and earth. He said

Gm7 C7sus Bb2/D C/E

17

He will not suf - fer thy foot, thy foot to be moved. The

F 8va C/F

20

Lord which keep - eth thee, He will not slum - ber nor -

F E/A Fmaj7/Bb Bb Gm11

23

sleep. Oh, the Lord is thy keep - er, the

Fsus
C

Gm(2)
A

E dim 7
A

Dm9

26

Lord is thy shade up - on thy right hand,

Dm(maj7)

Dm7

Dm
C

G
B

G

29

up - on thy right hand.

C2
E

C
E

C7
F

F
A

Bb2

Bb F
A

Gm Dm
F

32

No, the sun shall not smite thee by day, nor the moon by

Em7(b5)

Asus7b9

Bb13(#11)

Bb

Bb
C

Dbdim7

35

night. ——— He shall pre-serve thy soul ———

Dm9 Dm9 C G B G C2 E C E

38

e - ven for - ev - er - more. ———

Gdim7 F Bb2 Bb Gm7 Gm7(b5)

41

mf My ——— help, ——— my ——— help, ———

F C Am7 Dm9

mf

44

my ——— help, ——— all of my

Gm7(b5) E C Am7 Dm C E D C E F#

47

help com - eth from the Lord.

Gm E Gm G7 C7 F

A Bb B

3

51

17

C F Bb Bb2 F

54

CHOIR unis.
mp

I will

Gm7 E2 A Bbmaj9 C7(b9)

mp

57

lift up mine eyes to the hills from whence cometh my

F2

59

help. My help cometh from the Lord, the

F C E A F Bb Gm F Bb Bb

62

Lord which made heaven and earth. He said

Gm9 F#sus C C Bbmaj9 C7

65

He will not suf - fer thy foot, thy foot to be moved. The

F2 F

68

18

Lord which keep - eth thee,— He will not slum - ber nor—

F E/A Bbmaj9 Gm11

71

SOLO

CHOIR

Oh, the Lord is thy keep - er,— the

sleep. Oh, the Lord is thy keep - er,— the

Bb2/C Dsus/A Dbdim7 Dm

80

No, the sun shall not smite thee by day, nor the moon by night.

Em7(b5) Gdim7/A Dm(2) Dm Aaug/D

83

He shall preserve thy soul.

Dm7 Dm G/B G C2 C7/Bb

86 19

e - ven for - ev - er - more.

e - ven for - ev - er - more.

Am7 E/A Bb Gm7 C Gm7(b5)

89

f My help, my help,

f My help, my help,

f My help, my help,

E C A7(#5#9) A7(#5b9) Dm9

92 21 (2nd time)

my help, all of my

my help, all of my

my help, all of my

E_bm *D_b* *E* *C* *Dm11* *Dm* *C* *E* *D* *F#*

95 *2nd time to Coda* *poco a poco decresc.*

help com - eth from the Lord.

help com - eth from the Lord.

help com - eth from the Lord.

Gm *E* *A* *Gm* *B_b* *E* *C* *C7* *F*

poco a poco decresc.

poco a poco decresc.

poco a poco decresc.

♩ CODA *SOLO continue ad lib.*

Lord. My help,

F7
Eb

8^{vb} 8^{vb}

107

my help, my help,

Dm9 Gm7(b5) F C

110

all of my help com - eth from the

Dm11 Dm C D F# Gm E A Gm Bb F C C7

mf (2nd time SOLO ad lib. to end)

113 Lord. Lift up mine eyes,

Lord. Lift up mine eyes

un - to the hills, all of my

He is my strength,

119 help com - eth from the

help com - eth from the

121 22 (3rd time) *f*

Lord. My help, my help,

F7 Eb *Dm9*

8^{vb}... 8^{vb}...

124

my help, all of my

Gm7(b5) *F C* *Dm11* *Dm C Bb D F#*

127 *3rd time poco rit.* 1.2. 3.

help com - eth from the from the

Gm *E A* *Gm Bb* *F C* *C7* *F C* *C7*

3rd time poco rit.

130 Broader Tempo
mf

Lord.

mf broader

132 *decresc.* *mp*

decresc. *mp*

134 *SOLO mp* *p*

poco a poco rit. e decresc. *mp* *p*

All of my help ——— com-eth from ——— the Lord. ———

the Lord.

poco a poco rit. e decresc. *p*

$B\flat$
F

$B\flat$
C

F2